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### Learn more about your annual Be Well Benefit

# Your Unum plan pays a Be Well Benefit for one Be Well screening each year.

With Unum's Be Well Benefit, you and other covered family members can receive a valuable incentive for important tests and screenings. Many of these tests are routinely performed, so it's easy to take advantage of this benefit.

#### Your Critical Illness Be Well benefit is \$50.

Your Accident Be Well benefit is \$75.

#### **BE WELL SCREENINGS**

- Annual exams by a physician including sports physicals and well-child visits, dental and vision exams
- Cancer screenings including pap smear, colonoscopy
- Cardiovascular function screenings
- Cholesterol and diabetes screenings
- Imaging studies, including chest X-ray, mammography
- Immunizations including HPV, MMR, tetanus, influenza

Follow these simple steps: File your claim online with a one-time registration on **unum.com**, by mail or over the phone. Simply call **1-800-635-5597** to learn more. You will need to provide the following: First and last names of the employee and claimant

- First and last names of the **employee** and **claimant** (the employee might not be the claimant)
- Employee's Social Security number or policy number

**IT'S EASY TO FILE A CLAIM** 

You can receive a benefit for tests that are

performed after your initial coverage date.

- Name and date of the test
- Name of **physician** and the **facility** where the test was performed.



Each year, you can earn a valuable incentive just for taking care of your health. And so can each of your covered family members.

## For more information, please contact your HR representative.

Unum will pay Be Well benefits for all eligible policies according to policy terms. THESE POLICIES OFFER LIMITED BENEFITS

The policies or their provisions may vary or be unavailable in some states. The policies have exclusions and limitations which may affect any benefits payable. See the actual policy or your Unum representative for specific provisions and details of availability.

In New Hampshire, Be Well is referred to as Health Screening. In Washington, Be Well on the Accident product is referred to as Health Screening Benefit rider. In Kansas, Be Well is not available on the Accident products.

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Better

benefits

at work.™

Well FOR EMPLOYEES (11-22)

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